DAY TRIPPER OF DULUTH
Day Tripper of Duluth provides guided outdoor trips with a wide range of activities for small and large groups of all ages and ability levels in EVERY SEASON. Try fat biking, stand up paddle boarding, kayaking on Lake Superior or improve your mountain biking technique and much more!

Various locations | Duluth, MN 55804
(218) 390-1605 | daytripperofduluth.com

THE DULUTH EXPERIENCE
Experience year-round guided adventures with epic kayaking, mountain biking, road cycling, hiking, snowshoeing, and winter fat-tire biking. Duluth is the #1 Outdoor Town in the US and our friendly guides will show you why. All skill levels are welcome on these fun, full-service adventures. Check out all the options at: http://www.theduluthexperience.com/duluth-adventure-tours/

211 E 2nd Street, Suite 4 | Duluth, MN 55805
(218) 213-7451 | theduluthexperience.com/duluth-adventure-tours/

DULUTH GLIDES SEGWAY TOURS
On your own personal Segway Transporter (PT), glide through Duluth on one of five narrated Segway Tours, learning about Duluth’s interesting history and facts via your own wireless audio system. See our 5-star reviews! Online or by phone, advance purchase of tickets required. Awarded the TripAdvisor Certificate of Excellence.

1328 E 1st St. | Duluth, MN 55805
(888) 574-8440 | duluthglides.com

ENGERT PARK GOLF COURSE
Centrally located in Duluth, Enger Park offers three championship nines. Rolling hills, turning fairways, and elevation changes all come into play on this scenic and challenging layout. Multiple tees allow for players of all levels. The course gets its name from its location behind the famous Enger Park tower.

1801 W Skyline Parkway | Duluth, MN 55806
(218) 723-3451 | golfduluth.com

ESSENTIA DULUTH HERITAGE CENTER
We are a multi-purpose facility with two arenas. Sill Arena has ice year-round and Seitz Arena has ice October-March and turf April-September. We are able to accommodate craft shows, car shows, company picnics, school field trips, birthday parties and much more.

120 South 30th Avenue West | Duluth, MN 55806
(218) 464-1711 | duluthheritage.com
**GND DEVELOPMENT ALLIANCE**  
The Gary New Duluth Recreation Area (GND REC) serves as the center of the Gary New Duluth Community with a functioning community center with programs after school and during summer vacations for youth. There are also regular exercise and yoga classes. The GND REC is also available for rental.

801 101st Ave. West | Duluth, MN 55808  
(218) 355-1349 | gnd.community

**LESTER PARK GOLF COURSE**  
One of Minnesota’s best kept secrets, Lester Park is located on the scenic North Shore of Minnesota and overlooks Lake Superior. The championship-style course layout provides a challenge for players of all levels and excellent views of Lake Superior on 20 of 27 holes.

1860 Lester River Road | Duluth, MN 55804  
(218) 525-0830 | golfduluth.com

**POSITIVE ENERGY OUTDOORS**  
Adventure tours and classes: dog sledding, horse drawn sleigh and wagon rides, Duluth and North Shore rock and ice climbing, Lake Superior and inland lake kayak, inland lake kayak/SUP rentals, team-building, 12-passenger voyageur canoes, corporate programs, summer day camps and women’s programs. New this year: weekend winter overnights!

4757 Datka Road | Duluth, MN 55803  
(218) 428-5990 / (218) 391-0147 | outdooredventures.org

**SPIRIT LAKE MARINA WATER SPORTS**  
* @ SPIRIT LAKE MARINA & RV  
We offer pontoon boat, canoe & kayak rentals; 7 miles from Canal Park on the St. Louis River Estuary. Take a group out on our pontoon boats or enjoy a quiet paddle through some of the many natural bays and inlets on a canoe or kayak, right in the city.

121 Spring Street | Duluth, MN 55808  
(218) 628-3578 | spiritlakemarinarv.com

**SPIRIT MOUNTAIN RECREATION AREA**  
Your one-stop destination for adventure. Skiing, snowboarding, snow tubing and winter Fat Biking. NEW! Grand Ave Nordic Center! November - March (weather dependent). Enjoy the best views on our high-speed detachable quad chairlift, largest terrain park in the region & more. Family-Friendly FUN & Good Times, Every Time!

9500 Spirit Mountain Place | Duluth, MN 55810  
(218) 628-2891 | spiritmt.com

**UMD KAYAK, CANOE, ROCK CLIMB, SURF, & STAND UP PADDLE BOARD**  
We’re here to help you get out and explore the great outdoors in every season! Explore Lake Superior, the St. Louis River and spectacular rock and ice climbing sites with our highly-qualified instructors or rent quality, affordable outdoor gear from us and do it yourself. Everyone is welcome!

UMD/Outdoor Program, 1216 Ordean Court, 153 SpHC | Duluth, MN 55812  
(218) 726-7128 | umdrsop.org
## WHEEL FUN RENTALS
Wheel Fun Rentals, located in Canal Park, offers a wide variety of bike rentals for seeing the sights Duluth has to offer. Visitors can rent a wide range of vehicles, including surreys or tandem bicycles, choppers, quad sports or deuce coupe. Don't miss this unique way to explore Canal Park!

408 Canal Park Drive | Duluth, MN 55802
(218) 464-7292 | wheelfunrentals.com

## CAPT’N J’S MINIATURE GOLF
The Capt'n invites you to enjoy 18 holes of family-friendly fun. Capt'n J's is nestled alongside the S.S. Meteor whaleback ship on beautiful Barkers Island. Open daily 10am-10pm Memorial Day through Labor Day. (Also open weekends & various hours before & after - weather depending.) Come join the fun!!

333 Marina Drive | Superior, WI 54880
(715) 394-4450 | captnjs.com

## GIANTS RIDGE
Giants Ridge is the Midwest’s #1 recreation destination. 35 downhill runs, 60km xc skiing, snowmobiling, terrain parks and snow tubing. The Legend and The Quarry offer 36 holes of the Midwest’s greatest golf. We are also expanding mountain biking terrain!

6329 Wynne Creek Drive | Biwabik, MN 55708
(800) 688-7669 | giantsridge.com

## LUTSEN MOUNTAINS SKI AREA
Lutsen Mountains offers the Midwest’s only true mountain ski area experience. Four interconnected peaks with 95 runs overlooking Lake Superior bring big mountain skiing with Up North authenticity. Our ski & stay packages at lutsen.com offer guests the convenience of booking both lodging and lift tickets.

90 min. NE of Duluth on Lake Superior’s North Shore - 467 Ski Hill Rd. | Lutsen, MN 55612
(218) 663-7281 | lutsen.com

## MINNESOTA WHITEWATER RAFTING
See the River! Feel the River! Ride the River! Whitewater Adventure on the St. Louis River with Minnesota’s Oldest & Largest Rafting Outfitter. Daily Whitewater & Lazy River Tours allow for the whole family, youth or corporate groups to participate. Fishing Tours too! Family owned & operated.

3212 River Gate Ave | Cloquet, MN 55720
(218) 522-4446 | minnesotawhitewater.com

## MONT DU LAC RESORT
All-season family friendly resort offering skiing, snowboarding, disc golfing, mountain biking and our brand new Outta Bounds Tubing Park that includes 2 runs that careen through the woods for a unique, high-speed thrill ride. On-site cabins, RV Park and Trophy Lodge make us the perfect venue for your next event.

3125 S Mont du Lac Drive | Superior, WI 54880
(218) 626-3797 | mdlresort.com
SKYDIVEDULUTH.COM
Tandem skydive only a few miles from both Lake Superior and the City of Duluth. We are the only skydive business within 100 miles of Duluth. Jump from an airplane!

4804 Hammond Avenue (Richard I Bong Airport) | Superior, WI 54880
(218) 390-1800 | skydiveduluth.com

SKYLINE LANES
We are your all in one location for Bowling, Arcade, Private Events, Volleyball, Bocce, Beanbags and Summer Concerts. And let’s not forget, THE BEST PIZZA AROUND, Dave's Pizza! We are open 7 DAYS A WEEK and conveniently located, so there’s no better time to check us out for Bowling, fun, food and a whole lot more!

4894 Miller Trunk Highway | Hermantown, MN 55811
(218) 727-8555 | skylinelanes.com

SWIFTWATER ADVENTURES
Swiftwater Adventures offers professionally guided whitewater rafting trips in the Duluth, MN area. Our trips provide participants with an interactive wilderness, whitewater experience. All of our guides are professionally trained in the art of whitewater, swiftwater rescue, first aid & CPR and customer experience. Experience real adventure!

121 Vermilion St. | Carlton, MN 55718
(218) 451-3218 | swiftwatermn.com

FROM ONE OF THE FIRST PROFESSIONAL FOOTBALL FRANCHISES, TO A RENOWNED HOCKEY LEGACY, DULUTH BOASTS A RICH TRADITION OF ATHLETICS. IT’S NO COINCIDENCE DULUTH HAS SOME OF THE STATE’S PREMIER VENUES FOR HOSTING SPORTS TOURNAMENTS. FROM HOCKEY TO SOFTBALL TO SOCCER, BOWLING TO CURLING, YOUR TEAMS CAN PLAY AND STAY IN WHATEVER STYLE THEY CHOOSE.